



CANCER SERVICES RESOURCE DIRECTORY

Covering Albany, Schenectady and Rensselaer Counties

Provided by:

THE CAPITAL REGION CANCER CARE CONSORTIUM
A Community of Solutions

Here to help you navigate through the cancer experience.

August 2013

MISSION STATEMENT:

The **Capital Region Cancer Services Consortium** includes cancer community providers who network, collaborate and advocate to increase the awareness, availability, and accessibility of programs and services for those touched by cancer.

Consortium Members Include:

- American Cancer Society
- Capital District Physicians' Health Plan, Inc.
- Capital Region Action Against Breast Cancer (CRAAB!)
- The Community Hospice
- Hope in the Boat
- The Leukemia & Lymphoma Society
- New York Oncology Hematology
- New York State Department of Health Cancer Services Program
- Samaritan Hospital Cancer Center
- Samaritan Hospital Women's Health Center
- St. Peter's Health Partners
- Susan G. Komen for the Cure, Northeastern New York Affiliate
- To Life!

For more details on the resources listed or for additional resources, please contact the American Cancer Society at 800-227-2345.

PLEASE NOTE THAT SEPARATE DIRECTORIES ARE AVAILABLE FOR OTHER COUNTIES.

For organizations to report additions or updates to this directory, please contact Michael Grignon at The Leukemia & Lymphoma Society at (518) 438-3583 or michael.grignon@LLS.org

**To view this directory online, please go to the following links:
http://nyscancerconsortium.org/resources/resources_documents.aspx
www.cancer.org/hopeclub**

TABLE OF CONTENTS

ADVOCACY AND CASE MANAGEMENT	Page
Blue Shield of Northeastern NY	9
Capital District Physicians' Health Plan, Inc. - Case Management	10
Centro Civico	13
Capital Region Action Against Breast Cancer (CRAAB!).....	11
Lung Cancer Alliance – Capital Region	18
MVP Health Care - Case Management.....	19
New York State Cancer Consortium	19
Patient Advocate Foundation.....	21
CAMPS AND RETREATS FOR PERSONS OF ALL AGES	
Bravehearts	9
Camp Erin	9
Camp Kesem Saint Rose	9
Camp Lightheart.....	10
Cindy's Comfort Camp – Children and Teens.....	13
Cindy's Retreat – For adults	13
Double H Ranch	15
Wiawaka Holiday House.....	25
YMCA Circle of Champs.....	26
CAREGIVER AND RESPITE SERVICES	
American Cancer Society	8
The Caregiver Connection of Senior Services of Albany.....	12
Community Caregivers	13
The Community Hospice	14
Home Instead.....	16
HopeClub	17
New York State Office for the Aging	20
CLINICAL TRIALS	
American Cancer Society	8
National Cancer Institute Cancer Information Service.....	19
New York Oncology Hematology	19
St. Peter's Cancer Care Center.....	22
Women's Cancer Care Associates.....	26
COUNSELING AND BEREAVEMENT SERVICES	
Associates in Mental Health.....	9
Cancer Care, Inc.....	10
The Community Hospice	14
Haven Grief Counseling Center	16
Pine Bush Mental Health.....	21
DURABLE MEDICAL EQUIPMENT (DME)/HOME MEDICAL EQUIPMENT (HME)	
Advanced Care Inc.	7
Anthem.....	8
Apria Healthcare.....	9
CORAM	14
Northeast Home Medical	21
Prime Care Medical Supplies	21

EMERGENCY ASSISTANCE/SERVICES

Catholic Charities 12

FERTILITY SERVICES/SPERM BANKING

The Embryology Network 15

FINANCIAL AND OTHER ASSISTANCE

Abigail #3 7
American Cancer Society 8
Cancer Care, Inc..... 10
Catie Hoch Foundation 12
Department of Social Services..... 14
Karing for Kids 17
The Leukemia & Lymphoma Society 17
Patient Advocate Foundation..... 21

HEALTH EDUCATION

American Cancer Society 8
Capital Region Action Against Breast Cancer (CRAAB!) 11
Susan G. Komen for the Cure..... 23
The Leukemia & Lymphoma Society 17
To Life! 24

HOME HEALTH CARE AGENCIES/HOME CARE SERVICE AGENCIES

Advanced Care Inc. 7
All Metro Health Care Services 7
Apria Healthcare..... 9
The Community Hospice 14
CORAM 14
NurseCore..... 21
Visiting Nurses Association..... 25

HOUSING

Albany Housing Coalition, Inc. 7
American Cancer Society 8
Becky’s House..... 9
Catholic Charities 12
Joe’s House..... 17
New York State Office for the Aging 20
Ronald McDonald House 21
Troy Housing Authority..... 24

INTERNET RESOURCES

Local and National..... 27

LEGAL ASSISTANCE

Albany Law School Clinic & Justice Center 7
Empire Justice Center 15
Legal Aid Society of Northeastern NY 17

NUTRITION/FOOD

Community Caregivers 13

Food Panties for the Capital District.....	16
New York State Office of the Aging.....	20

SERVICE PROVIDERS/SUPPORT SERVICES

Albany Medical Center Radiation Oncology	7
American Cancer Society	8
American Lung Association of NYS	8
Andrew’s Warriors	8
CancerCare	10
Cancer Services Screening Program (NYSDOH)	10
Capital District Urologic Surgeons, PC	11
Capital Region Action Against Breast Cancer (CRAAB!)	11
Caring Together. Inc.....	12
Catie Hoch Foundation	12
The Center for Childhood Cancer & Blood Disorders at AMC	13
Cleaning for a Reason Foundation	13
Community Caregivers	13
The Community Hospice	14
Capital Region Action Against Breast Cancer (CRAAB!).....	11
Floyds Warriors.....	15
Healing Thu Sharing.....	16
HopeClub	17
Image Guided Radiation Therapy	17
Jewish Family Services	17
Karing for Kids.....	17
The Leukemia & Lymphoma Society	17
Lung Cancer Alliance – Capital Region.....	18
Make-A-Wish Foundation	19
National Cancer Institute Cancer Information Service.....	19
New York Oncology Hematology (NYOH).....	19
New York State Dept. of Health Cancer Services Program.....	20
Ronald McDonald House	21
Rosie’s Love	21
Samaritan Hospital Cancer Center	22
Self-Help for Women with Breast or Ovarian Cancer (SHARE)	22
Simplifying Lives.....	22
St. Jude’s Research Hospital.....	22
St. Peter’s Cancer Care Center	22
Stratton VA Medical Center	24
To Life!	24
Urological Institute of Northeastern New York	24
Whitney Young Albany Women’s Health Center.....	26
Women’s Cancer Care Associates	26

SMOKING AND TOBACCO CESSATION

American Lung Association of NYS	8
Capital District Tobacco-Free Coalition.....	10
Seton Health Center for Smoking Cessation.....	22
NYS Quit Line	20

TRANSPORTATION

American Cancer Society	8
Capital District Transportation Authority (CDTA) -Simple Fare.....	11
Community Caregivers	13

Schenectady Cancer Foundation.....	22
Stratton VA Medical Center	24

UNINSURED/UNDER-INSURED/INSURANCE

Cancer Services Screening Program (NYSDOH)	10
Fidelis Care	15
Healthy NewYork.....	16

WELLNESS PROMOTION AND RECREATION

Capital Region Action Against Breast Cancer (CRAAB!)	11
HopeClub of the American Cancer Society	17
Hope In the Boat.....	16
Starlight Children’s Foundation Great Escapes Program.....	23
To Life!	24
YMCA Circle of Champs.....	26

WIGS, PROSTHESES, AND ACCESSORIES

4women.....	7
American Cancer Society	8
Lindsay’s Drug Company.....	18
Look Good Feel Better.....	18
Marra’s Pharmacy.....	19
To Life!.....	24

ORGANIZATIONS AND THEIR SERVICES (In alphabetical order with type of service underlined)

4women.org

<http://www.4women.com/index.php>

Wigs, prostheses, and Accessories: Pre-tied • Pre-fitted • Sized • Lined • Secure

® head scarves are designed specifically for hair loss due to chemotherapy, alopecia or other medical conditions. They're unique, fashionable and versatile!

Abigail #3, United Order True Sisters, Inc.

PO Box 8410

Albany, NY 12208

(518) 301-8948

<http://www.uots.org/>

Financial Assistance: Abigail #3 Cancer Personal Services was established to offer assistance to patients with cancer. They provide many special services to uninsured or under insured. Funds are available for home provisions and personal services, transportation expenses and other ancillary expenses.

Advanced Care Inc.

25 Walker Way, Suite 3A

Albany, NY 12205

(518) 218-1772, 1-800-582-3409

DME/HME Products

Home Care Services

Albany Housing Coalition, Inc.

www.ahcvets.org

278 Clinton Avenue

Albany, NY 12210

(518) 465-5251

684 Madison Avenue

Albany, NY 12208

(518) 465-290

Housing: This is a neighborhood nonprofit organization that provides affordable housing and access to supportive services in the city of Albany. They provide a free Affordable Apartment List twice per month, housing counseling, as well as some transitional and permanent housing.

Albany Law School Clinic & Justice Center

80 New Scotland Rd.

Albany, NY 12208

(518) 445-2328

www.albanylaw.edu

Legal Assistance: The Legal Clinic consists of five programs that provide free legal services to eligible low income individuals and families for a variety of legal issues involving health law, domestic violence, low income taxpayer assistance, civil rights and disabilities and unemployment benefits. The Health Law program provides direct legal services to individuals and families affected by chronic medical conditions, including cancer, who live in Albany, Rensselaer and Schenectady Counties.

Albany Medical Center Radiation Oncology

43 New Scotland Avenue

Albany, NY 12208

(518) 262-3368

Service Providers/Support Services

All Metro Health Care Services

1450 Western Ave.

Albany, NY 12204

(518) 426-0283

Home Care Services

ALSAC/St. Jude

1 Computer Drive South, Suite 104
Albany, NY 12205
(518) 453-6800
www.stjude.org

ALSAC/St. Jude, the fundraising organization of St. Jude Children's Research Hospital, is one of the largest health care charities in America and raises money solely to support St. Jude.

American Cancer Society (ACS)

One Penny Lane
Latham, NY 12110
800-227-2345, (518) 220-6901
www.cancer.org

Financial Assistance: Our Patient Call Center can utilize a nationwide database to identify local and national resources offering a variety of financial support.

Health Education: Free material is available on most cancers and treatment processes by calling 800-227-2345 or by visiting the website, www.cancer.org.

Housing: There are 32 Hope Lodges located across the United States. They offer safe, home-like free temporary lodging to cancer patients and their loved ones while receiving treatment. In the northeast, locations include Buffalo, Rochester and New York City in New York, Worcester and Boston in Massachusetts. This lodging is free and is subject to availability.

Caregivers/Support Services: A variety of supports, resources and information are available to persons affected by cancer. One-on-one support to persons touched by cancer is available through *Reach to Recover* or through *HopeClub membership*. *Look Good...Feel Better* (a service to combat the visual effects of treatment) provides a free make-up and skin care kit to women going through treatment who attend local sessions. *Road to Recovery* is a program offering transportation for cancer patients to their treatment appointments (chemo, radiation and hormone) and is based on volunteer driver availability. Other support programs are available to adults and children touched by cancer through HopeClub (see directory).

Clinical Trials: A free and confidential clinical trials matching service is available to patients, families, and health care workers who wish to locate clinical trials that match both medical and personal needs. Contact 1-800-303-5691.

Transportation: This supplemental service utilizes volunteer drivers for transportation specifically for cancer treatment appointments (radiation, chemotherapy, hormone) to patients who are ambulatory. Three business days' notice is suggested as availability is subject to the availability of volunteer drivers. Call (800) 227-2345.

Wigs, Prosthesis and Accessories: Free wigs, scarves or other accessories are available for persons in cancer treatment. Items that are available have been donated by wig manufacturers and area salons.

American Lung Association

3 Winners Circle
Albany, NY 12205
(518) 453-0172
www.lungusa.org

Support Services/Smoking and Tobacco Cessation: The American Lung Association of New York State has many programs and strategies for fighting lung disease. Included is their *Freedom From Smoking* programs.

Andrew's Warriors

9 Duncan Lane
Troy, NY 12180
(518) 488-0434
www.lethopelive.org

Support Services: Organization established to highlight the bravery in the life of children or teens faced with a serious illness. Programs include special gold medal ceremonies, "God Bless America!" limited edition posters, international themes hospital visit, bedside clown visits and puppet shows, and "Warrior Walks" raising money for the cure for childhood brain cancer.

Anthem

57 Karner Rd.
Albany, New York 12205
(518) 862-1247
www.anthemhs.com

DME/HME Products/Infusion Services: ANTHEM Health Services is a locally owned, regional provider of comprehensive "one-stop-shop" health care services. Since 1994 we have specialized in providing state-of-the-art Infusion Therapies, Respiratory Products and Services, and Medical Equipment to patients in the comfort of their home.

Apria Healthcare

12 Petra Lane
Albany, NY 12205
(518) 452-4951/1-800-342-4004
www.apria.com

DME/HME Products

Associates in Mental Health

2310 Nott Street East
Niskayuna, NY 12309
(518) 372-6080
<http://mentalhealth-neuropsychology.com>

Counseling and Bereavement Services

Becky's House

St. Peters Health Care Services
296 Hackett Boulevard Albany, NY 12208
(518) 438-1212
<http://www.sphcs.org/BeckysHouse>

Housing: Becky's House extends hospitality to those who come from a distance to be treated at St. Peter's Hospital. Becky's House is available on a first-come, first-served basis. Becky's House has six bedrooms and shared bathroom facilities. In addition, it offers the use of kitchen and laundry facilities and local telephone services. Daytime guests also are welcome to relax and enjoy a quiet setting away from the hospital. Becky's House is located adjacent to St. Peter's Hospital at 296 Hackett Boulevard, Albany, NY, only a short walk to and from the hospital. Call Becky's House to inquire about room availability and registration. Please leave a message and someone will get back to you as soon as possible. If you are in need of immediate services, call the hospital main number at 518-525-1550.

Blue Shield of Northeastern New York

Health Information Line: 1-877-878-8785

Advocacy and Case Management

Bravehearts

19 Cambridge Road
Albany, NY
(518) 454-2064
www.braveheartscamp.org
Contact: Karen Haag, President

Camp and Retreats: Offering women dealing with cancer a variety of weekend retreats to suit their needs and interests. Camp Bravehearts offers 5 different camping weekends a year.

Camp Erin

c/o The Community Hospice
(518) 915-1914
www.camperialbany.com

Camps and Retreats Camp Erin is a camp for grieving children ages 6-17 who've lost someone close. It is a free overnight camp organized and funded by the Community Hospice with help from a grant from the Moyer Foundation. Kids participate in games, activities, music, and arts and crafts with others dealing with the same kind of loss. The next Camp Erin is usually scheduled for a weekend, Friday through Sunday, in the fall at the facilities of Camp Fowler on Sacandaga Lake in Speculator, NY. There will be free bus transportation from a central point in the Capital Region. To receive a brochure, a registration packet or more information, please call the bereavement secretary at (518) 694-4980.

Camp Kesem Saint Rose

P.O. Box 6335
Albany, NY 12206
(845) 417-5364
www.campkesem.org
Contact: Kristin Fenn

Camps and Retreats: Camp Kesem is a college student run summer camp for kids with a parent who has (or had) cancer. The one-week sleep away camps are a chance for kids 6-13 to have a fun-filled week and just be kids. The focus of the camp is to give campers the most fun week possible while providing the extra support and attention that they need. The actual location of the camp is at Camp Eagle Hill in Elizaville, NY.

Camp Lighthouse

Breast Cancer Options
101 Hurley Avenue, Suite 10
Kingston, NY 12401
(845) 339-HOPE (4673)
www.breastcanceroptions.org

Camps and Retreats: Camp Lighthouse is an overnight camp for the children of breast cancer survivors. Held in August at the Omega Institute campus in Rhinebeck, NY, it provides a safe, nurturing and fun-loving environment with professional staff members. There is a balance between having fun and participating in activities along with an opportunity to express feelings and talk about their individual situations.

CancerCare, Inc.

275 7th Ave, 22nd Floor
New York, NY
800-813-4673
www.cancercares.org

Counseling Services/Support Services: CancerCare is a national nonprofit organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs – including counseling, education, financial assistance and practical help – are provided by trained oncology social workers and are completely free of charge. Founded in 1944, CancerCare now provides individual help to more than 91,000 people each year, in addition to the 1.6 million people who gain information and resources from its website.

Financial Assistance: CancerCare social workers can provide guidance about financial benefits and sources of help. CancerCare also provides limited grants to people with certain kinds of cancer and for people in certain locations. Generally, CancerCare grants are for transportation to treatment, home care and child care needs. CancerCare grants are not for basic living expenses. The costs that can be covered are subject to change. The most current information on their grants can be found on www.cancercares.org.

Cancer Services Screening Program (New York State Dept. of Health)

Albany and Rensselaer Counties: (518) 525-8680
Schenectady County: (518) 374-3394
Other NYS Counties: (866) 442-CANCER (866-442-2262)
www.cspofalbany.com

Service Providers/Uninsured/Underinsured/Insurance: Provides free breast, cervical and colorectal cancer screenings to uninsured and underinsured men and women who cannot pay for these services. Diagnostic services are covered. Eligibility for specific screenings is as follows:

Pap Tests – women age 40 and older

Mammograms – women age 40 and older (note that women with a family history of breast cancer are eligible at a younger age)

Colorectal Cancer Screenings – men and woman age 50 and older and those at high risk

Capital District Physicians' Health Plan, Inc. (CDPHP)

500 Patroon Creek Blvd.
Albany, NY 12206
www.cdphp.com
Case Management Confidential Intake Line: (518) 641-3466
Toll-free at 1-866-629-9387

Advocacy and Case Management: The goal of the CDPHP case management program is to help members access needed services and available resources to promote cost-effective quality outcomes.

Capital District Tobacco-Free Coalition

24 Aviation Rd, Suite 204, Albany NY 12205
Phone: 518-459-2388
Fax: 518-459-2633
<http://www.smokefreecapital.org>

Email: contact @ smokefreecapital.org*

Smoking and Tobacco Cessation: The Capital District Tobacco-Free Coalition (CDTFC) is a non-profit partnership of people and organizations from Albany, Rensselaer and Schenectady counties; a Community Partner of the New York State Tobacco Control Program, funded by a grant from the New York State Department of Health.

Mission: Reducing adolescent and adult use of tobacco through cooperative programs in prevention, cessation, advocacy, and community education. Since 1993 the Coalition has been working in the community to meet these goals:

1. Eliminate exposure to second hand smoke.
2. Decrease the social acceptability of tobacco use.
3. Promote cessation of tobacco use.
4. Prevent the initiation of tobacco use among youth and young adults

Capital District Transportation Authority (CDTA) – Simple Fare

518-437-6876

www.cdto.org

Transportation: The CDTA bus system offers low-cost transportation and half fare rates for seniors and persons with disabilities.

Capital District Urologic Surgeons, PC.

www.albanyurology.com

Multiple Locations:

Albany Office
319 Manning Blvd.
Suite 106
Albany, NY 12208
(518) 438-1019

Saratoga Office
19 West Avenue
Suite 103
Saratoga, NY 12866
(518) 583-0111

Service Providers: Their goal is to offer the very highest quality of urologic care to patients. CDUS was established in 1978, and has grown to include eleven physicians and two nurse practitioners. Each of their providers has his or her own patient practice, and will provide care in the office and hospital setting. Their physicians work as a team, and if one is unavailable to address an urgent patient matter, their staff will promptly notify an available CDUS physician. In this way they provide 24 hour coverage for their patients. Services for Cancer patients include: urologic oncology (prostate, kidney, bladder and testicular cancers), laparoscopy/prostate diseases.

Capital Region Action Against Breast Cancer (CRAAB)!

125 Wolf Rd., Suite 124

Albany, NY 12205

(518) 435-1055

www.craab.org

craab@nycap.rr.com

Contact: Joan Sheehan, President

Health Education: This organization offers various workshops including topics related to preparing women to undergo surgery, radiation, and/or chemotherapy; workshops to help women identify and obtain quality breast cancer care; and many other topics. Services and most events are free. Please call for information and upcoming events.

Support Services/Wellness Programs: *Healthy Steps: Moving You To Better Health With The Lebed Method* – FREE gentle therapeutic exercise and dance classes for breast cancer patients and survivors and persons with lymphedema. No special abilities or coordination are needed, but pre-registration and health care provider's permission are required. This program is held at The American Cancer Society's HopeClub, 1 Penny Lane in Latham.

Gentle Yoga and Meditation – FREE yoga classes for breast cancer survivors and their caregivers that are an effective way to regain a sense of serenity, security and hope. Classes are held in three locations: Albany, Niskayuna and Amsterdam.

Pilates - FREE classes for women with breast, ovarian, cervical and other women's cancers. Seen as an excellent way to improve coordination, posture, strength and flexibility, while aligning the body correctly. Classes are held at the Colonie Community Center on Central Avenue in Colonie.

Resist-A-Ball - FREE classes that use functional exercises to strengthen core muscles, improve balance and increase arm strength and flexibility, using the stability ball and light resistance bands. Classes are held at Plaza Fitness Center, located in Stuyvesant Plaza, Albany.

Medical Massage - Performed in the privacy of your own home, at your convenience, by a licensed massage therapist.

Nia Joy of Movement - a physical conditioning program that delivers cardiovascular aerobic exercise and whole-body conditioning. It integrates movements from dance, martial arts and yoga. Classes held at The Court Club in Colonie.

Patient Navigation- One-on-one consultant who will arrange peer support, provide emotional support and mentoring on topics such as: effectively communicating with medical professionals; what questions to ask; helpful regional resources; communicating with family & caregivers; use of organizational aides.

The Caregiver Connection of Senior Services of Albany

(518) 465-1398

<http://www.seniorservicesofalbany.com/caregiver.htm>

Caregiver and Respite Services: Senior Services of Albany is a nonprofit organization dedicated to providing low-cost, high-quality services and programs to Capital Region older adults and caregivers, with an emphasis on enhancing quality of life and fostering independence.

Senior Services of Albany understands the importance of being able to remain independent in your own home. Their wide array of services and staff of eldercare professionals are sharply focused on helping make that a reality. In addition to addressing the needs of the elderly, Senior Services also offers a broad-based outreach program for caregivers, supporting them in every aspect of this most vital and challenging relationship.

Caring Together, Inc.

Ovarian Cancer Support Group

P.O. Box 12383

Albany, NY 12212-2383

(518) 783-7600 (voice mail - leave a message & your call will be returned)

www.caringtogetherny.org

Support Services: Offering support to individuals and those affected by ovarian cancer.

Catholic Charities

Albany County

(518) 453-6650

Emergency Services: Multiple services are available for those in crisis or emergency situations including referrals and some possible financial assistance depending on fund availability.

Rensselaer County: CONCERNS-U handles all their emergency services

(518) 463-8571

Emergency Services: Multiple services available for those in crisis or emergency situations including a food pantry.

Schenectady County: SCAP (Schenectady Community Action Program)

(518) 374-9181

Emergency Services: Multiple services are available for those in crisis or emergency situations including referrals and some possible financial assistance for heat and utilities.

Housing: Some permanent housing options available as well as emergency housing.

Catholic Charities Caregivers Support Services

100 Slingerlands Street

Albany, NY 12202

(518) 449-2001

www.cccaregivers.org

Elder Caregivers: The Elder Caregiving Program supports caregivers as they care for their older spouses, parents and friends. Includes respite services, information and assistance, social work services, and support groups.

Kinship Care: Kinship care is program that focuses on supporting relatives who are raising children. Are you a grandparent or relative raising a child? We're here to help. Includes information and assistance, social work services, support groups, and social and recreational activities

Catie Hoch Foundation

27 Southwood Drive

Ballston Lake, NY 12019

(518) 877-7539

www.catiehochfoundation.org

Financial Assistance/Support Services: Dedicated to helping kids take a break from cancer by providing crafts and treats on holidays and treating children to a day off from the hospital to do something fun. The Foundation pays for housing during treatment and purchases medical equipment for doctors.

The Center for Childhood Cancer & Blood Disorders at Albany Medical Center

43 New Scotland Avenue
Albany, NY 12208
(518) 262-5513

Service Providers/Support Services: Comprehensive pediatric oncology services.

Centro Civico

143 - 145 East Main Street
Amsterdam, NY 12010
(518) 842-3762

www.centrocivico.org

Advocacy: The mission of Centro Civico, a Latino organization with the ability to generate unique services for all cultures, is to educate the community and act as a vehicle for self-sufficiency and growth.

Cindy's Comfort Camp- For Children and Teens

The C.R. Wood Cancer Center at Glens Falls Hospital
100 Park St.
Glens Falls, NY 12801

(518) 926-6515 for information & registration – Gerry Florio

www.cindyscomfortcamp.com

Camps and Retreats: Cindy's Camp Comfort is for children and teens (ages 6-17) who have experienced the death or serious illness of a parent or close relative. Held at Double "H" Hold in the Woods Ranch in Lake Luzerne, NY. Camps are one weekend long each spring and fall. Please call for dates.

Cindy's Retreat – For Adults

The C.R. Wood Cancer Center at Glens Falls Hospital
100 Park St.
Glens Falls, NY 12801

www.cindysretreat.com

(518) 926-6619 for information & registration – Karen Cook

Camp and Retreats: Cindy's Retreat is a camp for women with cancer that offers support through a variety of activities to explore the impact of cancer and skills for survivorship. It meets one weekend each Spring and Fall at Silver Bay on Lake George. Pre-registration is required.

Cleaning for a Reason Foundation

www.cleaningforareason.org

Service Providers: Affiliated with Life Maid Simple cleaning services, this foundation offers free professional housecleaning and maid services to women undergoing treatment for any type of cancer. Patients must submit a brief on line application by going to their website.

Community Caregivers

2113 Western Ave.
Guilderland, NY 12084
(518) 456-2898

www.communitycaregivers.org

Caregiver and Respite Services/Service Providers: Volunteers will visit, talk and read to those that are ill or disabled, but primary caregiver must stay nearby.

Nutrition/Food: Simple meals available for individuals or families temporarily unable to provide for themselves or for persons with chronic conditions. Will deliver food from local food pantries.

Transportation: Provides transportation for disabled, elderly and non-driving persons for medical appointments, personal care services, prescription pick-up and shopping.

Serving Altamont, Guilderland, Bethlehem, New Scotland, Berne and Knox communities

The Community Hospice

www.communityhospice.org

Caregiver/Respite Services/Home Care/Service Providers/Support Services: The Community Hospice services include comprehensive health care for persons with advanced illness, assistance with social service concerns, emotional and spiritual support for patients and families, and bereavement services for grieving children and families. They make it possible for patients and families to live every day to the fullest. They focus on the things in life that really matter to their patients and assist them as they set goals and embrace life. When life is measured in months instead of years, or even when there is less time than that, Hospice services enhance quality of life.

Counseling and Bereavement Services: Support Groups, Memorial Services, Referrals, Education, Counseling-personal and family, Community Crisis Intervention. The Community Hospice Grief center offers these services to the public throughout a seven county area free of charge, based exclusively on grants and contributions.

Wave Riders Support Groups for Grieving Children, Teens and Families: For children ages 3-18 who have experienced the death of someone significant in their lives. A safe environment is provided for children to share their grief and seek healing and growth through art therapy, music and discussion. Fall and spring age-appropriate groups available with a parent educational support group on children's grief offered concurrently. Open to community, free of charge, at Albany, Rensselaer and Schenectady Community Hospice locations. Grief educational materials, presentations and trainings are available upon request.

The Regional Offices are as follows:

Community Hospice of Albany County

445 New Karner Road
Albany, NY 12205
(518) 724-0200

Community Hospice of Rensselaer County

295 Valley View Blvd.
Rensselaer, NY 12144
(518) 285-8100

Community Hospice of Schenectady County

1411 Union Street
Schenectady, NY 12308
(518) 377-8846

Palliative Home Care Program of The Community Hospice

159 Wolf Road
Albany, NY 12205
(518) 724-0242

The Palliative Care Home Care Program provides in home comprehensive care and management of physical, psychological and spiritual needs of patients and their families during a serious or progressive illness. The goal is to maintain optimal quality of life for the patient and caregivers, focused on providing relief from symptoms. The palliative care team works together with the patient's other healthcare providers to manage pain and other symptoms and helps the patient and the caregivers better understand the illness and the options for care and treatment. This program is in collaboration with Eddy Visiting Nurse Association.

CORAM

12 Jupiter Lane
Albany, NY 12205
(518) 689-2900

http://coramhc.com/locations/NY_Albany.aspx

Home Therapy Infusion

Department of Social Services

Multiple Locations:

Albany County DSS:
162 Washington Ave.
Albany, NY 12207

(518) 447-7300 General Information
(518) 447-7492 Medicaid
(518) 447-7653 Temporary Assistance

Rensselaer County DSS:
801 6th Avenue.
Troy, NY 12180
(518) 833-6000

Schenectady County DSS:
797 Broadway
Schenectady, NY 12305
(518) 388-4470

Double H Ranch

97 Hidden Valley Road
Lake Luzerne, NY 12846
(518) 696-5676

www.doublehbranch.org

Camps and Retreats: Double H Ranch provides an outdoor Adirondack Adventure for children ages 6-16 who have a chronic or life-threatening illness through its residential summer camp program and the off-season Adaptive Ski Program.

Embryology Network

Albany Memorial Hospital
600 Northern Blvd., Room 320
(518) 471-3276

Fertility Services/Sperm Banking: Services for patients concerned with fertility issues related to cancer treatment. They specialize in embryology and sperm-freezing.

Empire Justice Center

119 Washington Avenue, 2nd floor
Albany, NY 12210
(518) 462-6831

www.empirejustice.org

Legal Assistance: Non-profit firm that provides civil-legal assistance to those in need.

Fidelis Care

8 Southwoods Blvd. #6
Albany, NY 12211
(518) 427-0481

www.fideliscare.org

Uninsured/Underinsured/Insurance: This not-for-profit management care plan offers Family Health Plus and Child Health Plus Medicaid Managed Care programs. These programs are offered in 36 counties throughout New York State and provide free or low cost comprehensive health coverage including medical, dental, vision and pharmacy. Programs are based on household income and household size. Service is available in English, Spanish, Chinese and Russian. Please call for additional information and service.

Floyd Warriors

582 Rt. 9P
Saratoga Springs, NY 12866
Phone- (518) 584-3935
E-Mail: info@floydwarriors.com

<http://www.floydwarriors.com/>

Service Providers/Support Services: Floydwarriors are fighters. Floydwarriors are the afflicted with a cancer diagnosis who need help. This site serves many purposes, but most importantly it facilitates the helping process- be it cleaning, meal delivery or help with the kids from friends, loved ones and floydwarriors.com volunteers. YOU MUST REGISTER. Services offered are for cancer patients newly diagnosed undergoing surgery, radiation & / or chemotherapy. We use Lotsa Helping Hands to set up community calendars to assist you with your Army of Help or our own volunteers also lend a helping hand. You can assign your own representative, even yourself, to be the Community Calendar coordinator or if you rather, floydwarriors can do that for you. Getting help in place before you actually need it is critical.

Food Pantries for the Capital District

32 Essex Street
Albany, NY
(518) 458-1167

www.thefoodpantries.org

Nutrition/Food: This service provides the locations of food pantries in the capital district. It is open for calls weekdays from 8:30 am until 4:30 pm to help individuals find the pantry closest to their address. The food pantries provide groceries for at least 3 days for those in need. Serving Albany, Rensselaer, and Southern Saratoga counties.

Haven Grief Counseling Center

703 Union Street
Schenectady, NY 12305
(518) 370-1666

Counseling and Bereavement Services: Haven Grief Counseling Center provides professional counseling and educational programs for people experiencing grief from bereavement, chronic, or life threatening illness or who have been impacted by other life losses.

Healing Thru Sharing

2210 Troy Road
Niskayuna, NY 12309
(518)347-3310

Service Providers/Support Services: Women who have been diagnosed with cancer are survivors. With this in mind the goal is to offer these women a time to share experiences and provide and gain support. Healing thru sharing will benefit women who are recently diagnosed, receiving treatment, or are cancer free.

Healthy New York

1-866-HEALTHY NY (1-866-432-5849).

http://www.health.ny.gov/publications/0548/healthy_new_york.htm

Uninsured/Under-insured/Insurance:

The individual must be a resident of New York State;

The individual or the individual's spouse must have worked at some point within the last 12 months;

The individual's employer must not arrange for and contribute to the cost of comprehensive insurance;

The individual must not be eligible for Medicare;

The individual must meet income guidelines, which are 250% of the Federal Poverty Level

Income amounts change annually

The individual must have been uninsured for the past 12 months or have lost coverage due to a specific event.

Home Instead

3 Chestnut Street
Albany, NY 12205
(518) 437-0014

Caregiver/Respite: Home Instead Senior Care is the world's largest provider of comprehensive companionship and home care services for seniors. Their services are designed for practically any living arrangement where an older adult simply needs human interaction and help with day-to-day activities. This is a fee-based service.

Hope in the Boat

Send an e-mail: info@HopeintheBoat.org

or write to:

Info at Hope in the Boat

PO Box 266

Voorheesville, NY 12186

<http://www.hopeintheboat.org>

Wellness Promotion and Recreation: The carefully chosen name of this team, Hope in the Boat, characterizes not only their mission, but early days as well. The team was founded by Lucille Allegritti-Freeman who, while in treatment for Stage 3 breast cancer in 2007, was looking past recovery with hope for a healthy future. She had learned about dragon boating accidentally, and was inspired by other breast cancer survivor teams to take steps to develop a dragon boat team in the capital region. After Lu's articles about dragon boating and starting a team were published in newsletters and the local newspaper, over 30 breast cancer survivors came forward. They were all ages, from the 40's to the 70's. Not one had paddled in a dragon boat before. For some the idea of paddling together on the local river seemed relaxing and fun, others relished the support that the shared connection of breast cancer provides, and still others thought this sounded like the perfect form of exercise to regain some control over their bodies after chemotherapy and radiation.

HopeClub of the American Cancer Society

1 Penny Lane
Latham, NY 12210
(518) 220-6960

<http://www.cancer.org/hopeclub>

Support Services/Wellness Promotion and Recreation: HopeClub is a warm and welcoming place where adults and children whose lives are touched by cancer can join together to create social and emotional support as a complement to medical care. It is not about cancer, it is about people. Free of charge, HopeClub offers support and networking groups, educational workshops, wellness programs, social events and Kids Club for children and teens.

Image Guided Radiation Therapy

Suite 124
713 Troy-Schenectady Road
Latham, NY 12110
(518) 213-0305

Service Providers/Support Services

Jewish Family Services

877 Madison Avenue
Albany, NY 12208
(518) 482-8856

Support Services: Provides a wide range of support services for individuals, couples and families in crisis or experiencing emotional or mental stress.

Joe's House

877-563-7468
www.joeshouse.org

Housing: The mission of Joe's House is to be a housing resource for cancer patients and their families who must travel away from home for medical treatment. As such, they have designed a site that lists cancer treatment centers and lodging facilities in many states. Interested individuals may sign up for an online newsletter to see updates on the organization as it grows.

Karing for Kids

(518) 386-0739

Financial Assistance/Support Services: Provides financial support through fund-raising, emotional support, outreach and advocacy for families of children facing a life threatening illness.

Legal Aid Society of Northeastern NY

55 Colvin Ave.
Albany, NY 12206
(518) 462-6765 or (800) 462-2922 ((Serving Albany, Columbia, Greene, Rensselaer and Schenectady Counties)

Amsterdam office: (Serving Fulton, Montgomery and Schoharie Counties): 518-842-9486 or 1-800-821-8347

www.lasnny.org

Legal Services: Offers free legal services for low -income families and homeless persons.

The Leukemia & Lymphoma Society (LLS)

5 Computer Drive West, Suite 100
Albany, NY 12205
(518) 438-3583 or toll-free (866) 255-3583

www.lls.org

Financial Assistance: The *Patient Financial Aid Program* provides a \$100 stipend per fiscal year (July 1 – June 30) for any blood cancer patient. This includes those with leukemia, lymphoma, myeloma, myelodysplastic syndrome or Waldenstrom Macroglobulinemia. There is no income requirement for this program but a one-page application must be submitted with a doctor's signature. *Co-pay assistance program* is also available for drug co-pays or health insurance premiums. A maximum of \$10,000 per year is available for patients with certain blood cancer diagnoses with income levels within 500% of the Federal Poverty Guidelines. Those interested must call the Co-Pay Assistance Line at (877) 557-2672 to apply.

Health Education: Free up-to-date informational booklets and a comprehensive website on all blood cancers. Free local educational programs, national webcasts and teleconferences are offered.

Support Services: Support and guidance to patients, families and healthcare professionals. The local chapter is available to provide information and guidance. *Support groups* - local support groups for adults with leukemia, lymphoma, myelodysplastic syndromes and myeloma, young adults with cancer as well as disease specific telephone groups. Please contact the local chapter for ongoing or special groups. Adult Blood Cancer Group: 2nd Wednesday of the month, HopeClub; Young Adult Cancer Group: (18-35 years old) 1st Thursday of the month.

First Connection-Peer Support: This program provides patients and families the opportunity to share experiences with someone who has successfully treated for the same diagnosis. Please contact the chapter to arrange a First Connection call.

Trish Greene Back to School Program: This program fosters communication among health professionals, parents, young patients and school personnel in preparation for a smooth transition to school after a cancer diagnosis. Informative materials, videos and local programs for teachers and school nurses are available.

National Information Resource Center: Information specialists-professional social workers and nurses are available by phone (800-955-4572) or email (infocenter@lls.org) to provide current information on blood cancers, treatments, clinical trials and coping.

Clinical Trials: A free and confidential clinical trials matching service is available to patients, families, and health care workers who wish to locate clinical trials that match both medical and personal needs. Contact the Information Resource Center at 800-955-4572 or www.lls.org/clinicaltrials then click "TrialCheck".

Lifeline

800-LIFELINE (543-3546)

Emergency Assistance: Personal emergency response system to insure fast emergency help at the touch of a portable button, which is worn by the subscriber. Available 24 hours a day, 7 days a week.

Lindsay Drug Company

416 5th Avenue, Troy, NY 12182

(518) 235-2522

www.lindsaydrug.com

Wigs, Prostheses, and accessories: The Lindsay Drug Company offers Mastectomy Prosthesis and brassieres to help restore your confidence. Their certified fitter can help you regain the look you desire in a quiet private fitting room with care and compassion!

Look Good Feel Better

1-800-395-LOOK (1-800-395-5665)

www.lookgoodfeelbetter.org

Wigs, Prostheses, and Accessories: Look Good...Feel Better program is a free, national public service program that helps women cancer patients improve their appearance and self-image by teaching them hands on beauty techniques to manage the appearance side effects of chemotherapy and radiation treatments
For more information,

Lung Cancer Alliance – Capital Region

24 Warren St.

Albany, NY 12203

(518) 482-3142 and 24-hour Lung Cancer Information Line - (800) 298-2436

www.lungcanceralliance.org

E-mail: LcaCapRegion@gmail.com

This is the only national non-profit organization dedicated exclusively to providing information, support and advocacy for people living with or at risk for lung cancer. They help patients, their families and those at risk for the disease while raising national awareness and securing multiple millions in public health dollars for lung cancer research.

Lung Cancer Information Line: A support, information, and referral line for anyone with questions and concerns about lung cancer. Free written lung cancer materials mailed upon request. 1-800-298-2436.

LCA Website: incredible source for information about lung cancer, treatments, support resources, relevant news, and involved. www.lungcanceralliance.org

LungLoveLink: An online community linking those touched by lung cancer to support, resources, and local events. Members can ask questions, respond to discussions, create personal profiles and build a network of online friends. www.lunglovelink.org.

Phone Buddy Program: Peer-to-peer telephone support for people with lung cancer and their family members/caregivers. Volunteers lend support and share information and resources 1-800-298-2436

Clinical Trial Matching Service: An online community linking those touched by lung cancer to support, resources and local events. Members can ask questions, respond to discussions, create personal profiles and build a network of online friends. www.lunglovelink.org

Clinical Trial Matching Service: A pre-screening and referral services that identifies clinical trial options. Clinical trial specialists find available trials based on the patient's diagnosis and treatment history. 1-800-698-0931.

CaringBridge: The partnership offers free, personalized websites to connect patients, families, and friends to share information and support during treatment and recovery. www.caringbridge.org/lungcanceralliance

Make-A-Wish Foundation

1 Mustang Drive.
Cohoes, NY 12047
(518) 782-HOPE (4673)
www.neny.wish.org

Support Services: Grants wishes to children between the ages of 2 ½ and 18 with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Marra's Pharmacy

217 Resmen St., PO Box 229,
Cohoes, NY 12047
<https://stores.healthmart.com/marraspharmacy>

Wigs, Prosthesis, and accessories: Today, under the leadership of Jim's daughter, Barbara Marra McDonald, and her son, John T. McDonald III - both registered pharmacists - the Marra family remains dedicated to Jim's mission. With each prescription filled, question answered, and customer satisfied, Marra's Pharmacy continues to provide personal service, accuracy, and efficiency that's heartfelt and beyond compare.

MVP Health Care - Case Management Services

1-800-568-0458
1-888-MVP-MBRS (687-6277) for after hours and weekends

Advocacy and Case Management: The MVP Case Management Program is designed to meet the needs of members who experience a high-risk, complicated, or life-threatening medical condition. Case Managers are registered nurses with a special training and certification. They help to coordinate care and answer questions.

National Cancer Institute Cancer Information Service

1-800-422-6237
www.cancer.gov

Clinical Trials/Support Services: Source for cancer information for patients, families, the public and health professionals.

New York State Cancer Consortium

1120 South Goodman Street
Rochester, NY 14620
<http://nyscancerconsortium.org>
(518) 224-4900

Advocacy: The New York State Cancer Consortium is a network of organizations and individuals across New York State who have come together to implement the New York State Comprehensive Cancer Control Plan, a strategic plan for cancer control. Their mission is to 'reduce the human and economic burden of cancer in New York State.' Their vision is that people concerned about cancer will work collaboratively to implement the New York State Comprehensive Cancer Control Plan, while respecting and embracing the cultural, demographic and geographic diversity within New York State. This is best summed up as, "Working Together, Reducing Cancer, Saving Lives."

New York Oncology Hematology (NYOH)

www.newyorkoncology.com

Multiple Locations:

NYOH Albany
400 Patroon Creek Blvd., Suite 1
Albany, NY 12206
(518) 489-0044

NYOH Albany at Albany Medical Center

43 New Scotland Avenue
Albany, NY 12208
(518) 262-6696
Stem Cell Transplant- (518) 262-6696
PET/CT Imaging – (518) 262-9000

NYOH Amsterdam
1700 Riverfront Center
Amsterdam, NY 12010
(518) 843-0020

NYOH Hudson
69 Prospect Ave
Hudson, NY 12534
(518) 822-8484

NYOH Latham
1003 Loudon Rd/PO Box 610
Latham, NY 12110
(518) 786-3122
Hematology Office – (518) 786-7723

NYOH Rexford
896 Riverview Rd
Rexford, NY 12148
(518) 399-4600

NYOH Troy
258 Hoosick Street, Suite 206
Troy, NY 12180
(518) 272-2097

NYOH Support Services: Call 518-786-3122 to locate a support group; brain tumor support group, call 262-6696.
Hereditary Cancer Risk Assessment Program: 518-220-9192

NYOH Clinical Trials: NYOH participates in Phase I/II and III clinical trials involving chemotherapy, immunotherapy, radiation therapy and stem cell transplantation. They participate in National Cancer Institute (NCI) sponsored research through the Eastern Cooperative Oncology Group (ECOG), and the National Surgical Adjuvant Breast and Bowel Project (NSABP), as well as studies from US Oncology and Radiation Therapy Oncology Group (RTOG). Visit www.newyorkoncology.com and click on “Clinical Trials” for study information, current open studies, and contact information. Or, call their Research Department, 518-489-0044.

New York State Office for the Aging

2 Empire Plaza, 6th Floor
Albany, NY 12223
(518) 474-3585

<http://www.aging.ny.gov/>

Senior Citizens Help Line: 1-800-342-9871

Caregiver Assistance/ Housing/ Nutrition/Food: Toll-free Senior Citizen Help Line: 1-(800) 342-9871 Open Monday – Friday 8:00 AM to 4:00 PM The Help Line Provide information about programs and services for the elderly of New York State, including housing.

New York State Smokers’ Quitline

1-866-NY-QUITS (1-866-697-8487)

<http://www.nysmokefree.com>

Smoking and Tobacco Cessation: the NYS Quitline offers free starter kit of nicotine patches, gum or lozenges for eligible NYS smokers. Trained quitline specialists are there to offer help with quit plans and to provide information and local stop smoking programs. Local programs are listed on the website.

New York State Department of Health/ Cancer Services Program

Cancer Services Program/Bureau of Chronic Disease Control

River View Center
150 Broadway, Suite 350
Menands, NY 12204
(518) 474-1222
<http://www.health.ny.gov/diseases/cancer/services/>

Support Services: The program provides public and provider education about cancer prevention and early detection and maintains a quality improvement program to ensure the quality of clinical services provided through the program.

Northeast Home Medical

60 Cohoes Ave
Green Island, NY 12183
(518) 271-9600

DME/HME Products

NurseCore

1218 Central Ave
Albany, NY 12205
(518) 438-3900

Home Care Services: Medicare and Medicaid not accepted.

Patient Advocate Foundation (PAF) Co-Pay Relief Patient Assistance Program

Toll free 1-866-512-3861

www.copays.org

Advocacy/Financial Assistance: Patient Advocate Foundation's Co-Pay Relief (CPR) Program provides direct co-payment assistance for pharmaceutical products to insured Americans who financially and medically qualify. The Program offers personal service to all patients through the use of CPR call counselors; personally guiding patients through the simple enrollment process.

Pine Bush Mental Health

1A Pine West Plaza
Albany NY 12205
phone (518) 862-1665
fax (518)862-1668

<http://pinebushmentalhealth.yolasite.com/>

Counseling and Bereavement Services: Pine Bush Mental Health is a group private practice located in Albany, NY. Originally formed as Mental Health Associates in 1979 the group has been serving the mental health needs of the Capital District community for over 30 years. The group is comprised of independent practitioners representing many areas of expertise including counseling, psychotherapy, psychiatry (medication management) and marriage and family therapy along with individualized assessment and treatment planning. The group welcomes clients of all ages: children, adolescents, adults and the elderly. All therapists provide a comfortable and confidential atmosphere in which to explore your issues and receive quality, compassionate mental health care.

Prime Care Medical Supplies

16 Walker Way
Albany, NY 12205
(519) 456-6192

<http://www.primecaremed.com>

DME/HME products

Ronald McDonald House

139 South Lake Avenue
Albany, NY 12208
(518) 438-2655

www.rmhcotalbany.org

Support Services/ Housing: Provides comfort, support and respite for families of seriously ill children in a compassionate and home-like environment.

Rosie's Love

(518) 448-5863

www.rosieslove.com

Support Services: Provides emotional and financial support to families who have children in the Child Cancer Program at Albany Medical Center.

Samaritan Hospital Cancer Treatment Center

2215 Burdett Ave.

Troy, NY 12180

(518) 271- 3775

Patient Navigator: (518) 271-3693

http://www.nehealth.com/Medical_Care/Specialties/Cancer_Treatment

Lymphedema Management Program: Albany Memorial Hospital: (518) 471- 3195,
Samaritan Hospital: (518) 271- 3407

Medical Oncology: (518) 271-3231 - option #1

P.E.T/ CT Advanced Oncology Imaging: (518) 271-3482

Psychosocial Counseling and Support: (518) 271- 3152

Radiation Oncology: (518) 271-3775

Resonance Massage and Energetics: (518) 271 -3288

Women's Health Center and Breast Cancer Patient Navigation: (518) 271- 3288

Service Providers/Support Services: Providing a comprehensive array of patient services from screening, prevention and early detection to advanced treatment options. Access to patient navigators to assist an individual in their cancer journey and support of integrative wellness services and programs.

Schenectady Cancer Foundation

1509 Union Street

Schenectady, NY 12309

(518)379-8694

<http://www.schenectadycancerfoundation.org>

Transportation: Provides free rides to/from your doctor appointments, chemotherapy, radiation, scheduled scans and MRIs.

Self-Help for Women with Breast or Ovarian Cancer (SHARE)

1-866-537-4273

Support Services: Provides technical assistance to groups and organizations in the northeastern region of New York state who work with ovarian cancer survivors to develop a peer-led model of cancer support. This hotline is designed to give information and support to women experiencing breast or ovarian cancer. For those interested in volunteering to be a hotline volunteer, call 1-866-537-4273.

Seton Health Center for Smoking Cessation

24 Aviation Rd., Suite 204

Albany, NY 12205

(518) 459-2550

www.quitsolutions.org

Simplifying Lives

(518) 384-DUST, (518) 384-3878

www.simplifyinglives.org

Service Providers/Support Services: Simplifying Lives for a cause is the Capital Districts only non-profit organization dedicated to providing free house cleaning and organizational services for people undergoing cancer treatment. This includes men, women, and parents with children undergoing treatment. Simplifying Lives is also a free concierge service that helps patients with other services they may need provided by local business partners who will give discounted rates for their services such as lawn care, snow removal, plumbing, heating & cooling, spa & salon services, moving, and much more.

St. Jude Research Hospital

262 Danny Thomas Place

Memphis, TN 38105

(901) 595-3300

www.stjude.org

Service Providers/Support Services: Center for research and treatment of leukemia and other catastrophic childhood diseases.

St. Peter's Cancer Care Center

317 South Manning Boulevard, Suite 100

Albany, NY 12208

(518) 525-1547 Cancer Information Line

(see specific department numbers below)

www.sphcs.org/cancercarecenter

Service Providers/Support Service: St. Peter's Cancer Care Center provides for the physical, psychosocial and spiritual needs of cancer patients and their families. Their comprehensive program begins with prevention and detection. They follow through with state-of-the-art diagnosis, treatment, follow-up, support and continuing care.

St. Peter's Cancer Care Center involves an expert team of medical oncologists, pathologists, radiologists and surgeons providing a comprehensive range of services, including:

Medical Imaging

- MRI (Magnetic Resonance Imaging)
- PET/CT (Positron Emission Tomography) Scanner
- CT (Computed Tomography)
- St. Peter's Breast Center (518) 525-7536

Chemotherapy

- Access to top national clinical trials
- Chemotherapy on hospital campus (December, 2007)

Advanced Radiation Therapies

- External Beam Radiation Therapy
- High Dose Rate Brachytherapy
- Intensity Modulated Radiation Therapy (IMRT)
- Prostate Seed Implant
- Stereotactic Radiosurgery
- Mammosite
- [Novalis® Shaped Beam Surgery](#) :This dedicated system for non-invasive stereotactic radiosurgery and radiotherapy (SRS/SRT), represents cutting-edge technology for highly precise treatments of brain as well as head & neck tumors, arteriovenous malformations and certain functional disorders. For more information contact The Cancer Care Center at (518) 525-1404

Support Services

- Enterostomal Therapy
- Palliative Care (including pain and symptom management)
- Complementary Therapies- Alicia Recore, PhD. (518) 525-1174
- Community Hospice/Bereavement Services, 1-(800) 678-0711
- Nutrition Services
- Social Work /Behavioral Health
- Spiritual Care
- Becky's House (home away from home for patients and families of St. Peter's Hospital, (518) 438-1212)

Community Outreach Nurse

- Support Groups for patients, families and caregivers
- Cancer Screenings
- Cancer Resource Information Line (518) 525-1547 questions answered within 24 hours
- Educational and Wellness Programs
- Fatigue Management
- Cancer Resource Library
- Free Wigs for underserved and under insured individuals

Physical Therapy

- Advanced Breast Care and Lymphedema Management
- Rehabilitation (physical therapy, occupational therapy, speech therapy, audiology, respiratory therapy and lymphedema management) For more information contact (518) 475-1818

Susan G. Komen for the Cure, Northeastern New York Affiliate

P.O. Box 13535

Albany, NY 12212

(518) 250-5379

www.komenneny.org

info@komenneny.org

Health Education: The mission of Susan G. Komen for the Cure is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find cures. Educational materials are provided upon request and at the Komen National website www.komen.org.

Starlight Children's Foundation Great Escapes Program

P.O. Box 10402
Albany, NY 12201
(518) 368-7568
www.starlight-newyork.org

Contact: Shaina Marron, Program and Great Escapes Coordinator
Shaina@Starlightnyc.org

Wellness Promotion and Recreation: This program provides relaxing, fun-filled events for Starlight Starbright families, including ball games, picnics, cruises, spa days and movie premiers, that provide time to connect with other families, make new friends, and spend family time together. The Great Escapes Program serves 2-18 year olds suffering from serious illness.

Stratton VA Medical Center

113 Holland Ave
Albany, NY
(518) 626-5000

Service Provider/Transportation: Available to the Medical Center for veterans eligible for the benefit-travel directive. Albany-area clinics associated with the VA will arrange transportation for patients through VA transportation department.

For Rensselaer county residents: (518) 270-2760

To Life!

410 Kenwood Ave.
Delmar, NY 12054
(518) 439-5975
fax: (518) 475-9141
www.tolife.org

Also site at: 110 Spring St.
Saratoga Springs, NY 12866
(518) 587-3820
fax: (518) 587-3943

Health Education/Wellness Promotion and Recreation/Support Services: To Life! provides comprehensive breast cancer education and support services to individuals living with and affected by breast cancer. Services include free community wide educational forums, support groups, mentoring groups, mentoring services, resource information, wellness workshops and activities.

Wigs, Prosthesis and Accessories: The Delmar and Saratoga boutiques provide a private, personalized environment where wigs, breast prostheses, post-surgical camisoles, lingerie, scarves and hats are available. Certified mastectomy fitters are on staff to help. Many insurances are accepted including accommodation for those facing financial difficulties.

Participate with Medicare: Offices in Delmar and Saratoga Springs supply mastectomy products under the Durable Medical Equipment category.

Troy Housing Authority

Troy City Hall:
1776 Sixth Ave, Troy NY 12180
(518) 279-7149

Housing: The Department of Housing and Community Development administers the U.S. Department of HUD's entitlement program for the City of Troy includes the following: CDBG is the Community Development Block Grant from the Federal Department of Housing and Urban Development (HUD). The program's purpose is the development of viable urban communities for low-and moderate income persons through the provision of the following:

1. Decent housing
2. A suitable living environment, and
3. Economic opportunity

ESG is Emergency Solutions Grant program from the Federal Department of Housing and Urban Development (HUD) to provide assistance to homeless service providers for homeless shelters and homeless prevention. HOME is Home Investment Partnerships Program from the Federal Department of Housing and Urban Development (HUD) to create housing units for low and moderate income people. If you would like to learn more about the programs we offer, please call (518) 279-7149

Urological Institute of Northeastern New York

Multiple Locations:

<https://www.communitycare.com/Practices/Urology>

23 Hackett Boulevard
Albany, NY 12208
(518) 262-3341*call for information or appointments at all locations

713 Troy Schenectady Road, Suite 218
Latham, NY 12110

5 Southside Drive
Suite 204
Clifton Park, NY 12065

5 Hemphill Place
Building 3, Suite 123
Malta, NY 12020

2125 River Road
Suite 103
Niskayuna, NY 12309

One West Avenue
Suite 330
Saratoga Springs, NY 12866

81 Miller Road
Suite 800
Castleton, NY 12033

2001 Fifth Avenue
Troy, NY 12180

Service Providers/Support Services: Clinical research trials in renal, bladder and prostate cancers. Urological Oncology trained specialists and principal investigators for clinical trials in prostate, bladder and renal carcinoma. Practice also includes pediatric specialists, specialists in female urology, incontinence in men and women, erectile dysfunction, robotic computerized assisted prostatectomy, laparoscopy, stone diseases and general urology.

Visiting Nurse Association

Multiple Locations:

Eddy Visiting Nurse Association
2212 Burdett Avenue
Troy, NY 12180
(518) 274-6200

Visiting Nurse Association of Albany, Saratoga, and Rensselaer
35 Colvin Avenue
Albany, NY 12206
(518) 489-2681
www.vnaalbany.org

Visiting Nurse Service of Schenectady and Saratoga Counties
108 Erie Boulevard
Schenectady, NY 12305
(518) 382-7932
www.vnshomecare.org

Home Health Agencies/Home Care Service Agencies:

Wiawaka Holiday House

Off-season (October – May):
P.O. Box 564
Troy, NY 12180

(518) 203-3101

In-season (June-September):

3778 State Route 9L

Lake George, NY 12845

(518) 668-9690

director@wiawaka.org

www.wiawaka.org

Camp and Retreats: American's oldest women's retreat located on 60 acres on Lake George offers periodic retreats in conjunction with Zonta & CRAAB for women living with cancer, such as Dreams & Healing Workshop with Wanda Burch. The facility, which is listed on the National Register of Historic Places, is open June through September.

Whitney M. Young, Jr. Health Services

920 Lark Drive

Albany, NY 12207

(518) 465-4771 ext. 3506

<http://www.wmyhealth.org>

Service Providers/Support Services:

Women's Health Services Provides:

- Complete pregnancy and delivery care
- Mammograms
- Gynecological services
- Family planning, including birth control (click here to download to family planning benefit brochure)
- Diagnosis and treatment of sexually transmitted infections (STI)
- Menopausal concerns and treatment

Whitney Young is also part of the Cancer Services Programs of Albany and Rensselaer Counties. These programs offer free breast exams, pelvic exams and PAP tests to women who have no health insurance or limited coverage, meet certain income requirements, and are 50 years or older (younger women may be eligible, and should ask their health care provider for more information).

Women's Cancer Care Associates

319 South Manning Blvd., Suite 301

Albany, NY 12208

(518) 458-1390

<http://www.womenscancer.net>

Also located at:

Dyson Center for Cancer Care

45 Reade Place, Third Floor

Poughkeepsie, NY 12601

(845) 483-6925

Service Providers: Offer gynecologic oncology services, including: advanced gynecologic surgery, minimally invasive surgery including robotic surgery, chemotherapy treatment, palliative care, research.

YMCA Circle of Champs

(518) 869-3500

Camps and Retreats/Wellness Promotion and Recreation: Dedicated to improving the quality of life of children and families who have been touched by a life-threatening illness. Circle of Champs helps children by providing fun activities and events throughout the year, such as week-long day camps at Camp Nassau and holiday parties, free of charge.

INTERNET RESOURCES

Caregiver Assistance

Care Pages – Support and Community for Coping with Illness

www.carepages.com

CarePages websites are free patient blogs that connect friends and family during a health challenge.

CaringBridge

<http://caringbridge.org>

CaringBridge provides free websites that connect people experiencing a significant health challenge to family and friends, making each health journey easier.

Lotsa Helping Hands

www.lotsahelpinghands.com

Lotsa Helping Hands is a free web-based program that allows friends, family, colleagues, and neighbors to assist loved ones in need. One creates an easy-to-use, private group calendar to coordinate help such as delivery of meals, rides, and other tasks necessary for life to run smoothly during a crisis.

Family Caregiving & Eldercare Resources – Strength for Caring

www.strengthforcaring.com

Strength for Caring is an online resource and community for family caregivers. Strength for Caring helps family caregivers take care of their loved ones and themselves. Strength for Caring is part of The Caregiver Initiative, created by Johnson & Johnson Consumer Products Company, Division of Johnson & Johnson Consumer Companies, Inc.

National Family Caregivers Association

www.nfcares.org

The National Family Caregivers Association educates, supports, empowers and speaks up for the more than 65 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. NFCA reaches across the boundaries of diagnoses, relationships and life stages to address the common needs and concerns of all family caregivers.

Clinical Trial Search Sites

Note: A cancer clinical trial is a carefully controlled research study conducted by doctors to improve the care and treatment of cancer patients. A treatment that is proven safe and effective in a cancer trial is often approved by the U.S. Food and Drug Administration for use as a standard treatment if it is more effective or has fewer side effects than the current standard treatment.

Coalition of Cancer Cooperative Groups

www.CancerTrialsHelp.org

This nonprofit organization provides up-to-date information on available cancer clinical trials. It is easy to navigate, and provides the user with a list of available trials according to diagnosis, including the eligibility criteria, location and contact information.

National Cancer Institute

www.cancer.gov/clinicaltrials/search/

This site contains NCI's list of 6,000+ clinical trials accepting participants.

Financial Assistance

Needy Meds

www.needymeds.com

NeedyMeds is a source of information for people who need help with the cost of medicine and other healthcare expenses. This site is like the Yellow Pages. They do not supply medications or financial assistance but do provide information so you can find programs that will help you.

Partnership for Prescription Assistance

www.PPARx.org

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription

coverage get the medicines they need through the public or private program that's right for them. Many will get them free or nearly free. Its mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible.

Patient Advocate Foundation (PAF) Co-Pay Relief Patient Assistance Program

www.copays.org

Patient Advocate Foundation's Co-Pay Relief (CPR) Program provides direct co-payment assistance for pharmaceutical products to insured Americans who financially and medically qualify. The Program offers personal service to all patients through the use of CPR call counselors; personally guiding patients through the simple enrollment process.

Social Security Disability Programs

www.socialsecurity.gov/disability

The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. While these two programs are different in many ways, both are administered by the Social Security Administration and only individuals who have a disability and meet medical criteria may qualify for benefits under either program

Make a Wish Organizations

Dream Foundation

www.dreamfoundation.org

The first national organization granting dreams to terminally ill adults.

Make-A-Wish Foundation

www.wish.org

Grants the wishes of children with life threatening medical conditions to enrich the human experience with hope, strength and joy.

Organizations offering Multiple types of Assistance

American Cancer Society

www.cancer.org

Get help making treatment decisions, understanding the effects of treatment, finding treatment centers and doctors, coping with side effects, and talking with others.

Brain Tumor Society

www.tbts.org

Offers the latest information for the entire brain tumor community, from newly diagnosed patients, to survivors, families and healthcare professionals. Their intent is to provide easy access to needed resources, and to make visits to their site a positive experience.

Empire Justice Center

<http://www.empirejustice.org>

With a focus on poverty law, Empire Justice undertakes research and training, acts as an informational clearinghouse, and provides litigation backup to local legal services programs and community based organizations. As an advocacy organization, they engage in legislative and administrative advocacy on behalf of those impacted by poverty and discrimination. As a non-profit law firm, they provide legal assistance to those in need and undertake impact litigation in order to protect and defend the rights of disenfranchised New Yorkers.

FertileHOPE

www.fertilehope.org

Fertile Hope is a Livestrong initiative dedicated to providing reproductive information, support and hope to cancer patients and survivors whose medical treatments present the risk of infertility.

Livestrong

www.livestrong.org

The Lance Armstrong Foundation inspires and empowers people affected by cancer. They help people with cancer focus on living: they believe unity is strength, knowledge is power and attitude is everything. From the moment of diagnosis the LAF provides the practical tools that people with cancer need to live life on their own terms.

The Leukemia & Lymphoma Society

www.lls.org

Information about leukemia, lymphoma, Hodgkin's lymphoma, myelodysplastic syndromes and myeloma is available on-line along with valuable information about clinical trials, treatment, and many support services. Subscribe to the free eNewsletter to receive on-going updates about leukemia, lymphoma or myeloma.

Lymphoma Research Foundation

www.lymphoma.org

This website provides valuable information about the different types of lymphoma – [Hodgkin lymphoma](#) and [non-Hodgkin lymphoma](#), diagnostic techniques that may be used by health care practitioners, and treatment options. It also has the latest research findings and provides help for searching for [clinical trials](#).

National Cancer Institute

www.cancer.gov

As part of the US National Institutes of Health, this site provides a good starting point for all things related to every cancer diagnosis and treatment options. It includes information on all types of cancer, clinical trials, treatments, prevention and coping.

National Coalition for Cancer Survivorship

<http://www.canceradvocacy.org>

This is a survivor-led organization dedicated to advocacy and the delivery of programs that educate and empower cancer survivors.

National Institutes of Health

<http://www.nih.gov>

At this site you will find an A-Z index of NIH health resources, clinical trials, MedlinePlus, and health hotlines.

Prostate Cancer Foundation

www.prostatecancerfoundation.org

The Prostate Cancer Foundation funds high-impact research to find better treatments and a cure for prostate cancer. The website provides information on prostate cancer including symptoms, treatment and side effects.

Support for People with Oral and Head & Neck Cancer, Inc.

<http://www.spohnc.org>

1-800-377-0928

SPOHNC is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients. SPOHNC, founded in 1991 by an oral cancer survivor, addresses the broad emotional, physical and humanistic needs of this population. Local support group meetings are held at HopeClub in Latham.

Susan G. Komen for the Cure

www.komen.org

The mission of this organization is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures. The website provides comprehensive information on breast cancer and support services.

WebMD

www.webmd.com

WebMD provides timely and credible health information, tools for managing one's health, and support to those who seek information.

Social Supports

Association of Oncology Social Workers

www.aosw.org

Over 1000 Association of Oncology Social Work (AOSW) members from around the world are committed to advancing excellence in psychosocial care of persons with cancer, their families and their caregivers. This website provides a listing of oncology social workers and resources available for cancer patients and families.

Cancer Care

www.cancercare.org

CancerCare is a national nonprofit organization that provides free, professional support services for anyone affected by cancer.

Chemo Angels

www.chemoangels.com

Chemo Angels is a volunteer organization dedicated to adding a ray of sunshine to the lives of those undergoing IV chemotherapy treatment. They believe people going through the physical, emotional and mental rigors of chemotherapy deserve some encouragement.

Chemo Chicks

www.chemochicks.com

Empowering women with cancer and their loved ones with style, humor and dignity.

HopeClub of the American Cancer Society

www.cancer.org/HopeClub

HopeClub is a warm and welcoming place where adults and children whose lives are touched by cancer can join together to create social and emotional support as a complement to medical care. It is not about cancer, it is about people. Free of charge, HopeClub offers support and networking groups, educational workshops, wellness programs, social events and Noogieland for kids.

I'm too young for this!

www.stupidcancer.org

A resource portal for young adults.

Starlight Starbright Children's Foundation

www.starlight.org

Starlight Children's Foundation brings together experts from pediatric health care, technology and entertainment to create programs that educate, entertain and inspire seriously ill children. Included on the website are a series of animated stories called webisodes that help children and teens cope with cancer and treatment. Also available is an online social network for teens with serious illnesses that include chat and blog opportunities.

The Wellness Community

www.cancersupportcommunity.com

A free program of support, education and hope for people with cancer and their loved ones. Services include cancer support groups and cancer information.